RURAL FRINGE Journal of the Hall district

VOLUME 22 ISSUE 5

October 2015

Judy and Rod Roberts

by John Carson

Another in a series of interviews with local people who live in Hall Village and its immediate environs.

Springtime has come to Wallaroo. Winter is in full retreat and with the new warmth in the air even I can find it in my heart to forgive that cold and austere season for the bleak misty days and wheezing ailments that it had visited on me laying me low of spirit. And for what reason I ask accusingly when it is well known that in the past I have

known that in the past I have always held that season in the highest regard. Still as fleeting as these thoughts come to me as I cycle along the Wallaroo Road en route to an appointment with history I banish them swiftly. The blossoms of forgiveness are everywhere and in the air is the promise of a new beginning.



And then there it is to the right just before the road bend — Allwood — my destination and link to another time and era. The gravel surface and livestock grids that shape the driveway are an indication that real farming activities are carried out in the adjacent pastures. It is but a short ride before I arrive at the homestead itself. As I take in the setting of buildings and farmland I am immediately reminded of some pictures that adorn the walls of my own home. They are prints of works by the Australian artist Les Miles



who managed to capture in paint and canvas a sense of the past with a nostalgia for the Australian outback. And here those pictures were springing to life with all the sounds and smells of the surrounding countryside.

A large black labrador has sniffed out my presence and in an enquiring mood is checking

me out as if to confirm that my credentials match with some earlier advice he has received about possible visitors. We make friends quickly. Then a door opens and some warm friendly welcoming voices introduce me to the owners of the property – Judy and Rod Roberts. Our paths had intersected briefly in the past at various social functions and it was especially pleasant to be reacquainted and reminded of what rural hospitality is all about.



Part of the Allwood homestead during restoration

Emigrants from Glebe in Sydney where they were married and first lived before deciding in the early eighties to seek out a rural lifestyle. They looked at various country locations in New South Wales

Out and about



Hall Pony Club Gymkhana



On Sunday 23 August Hall Pony Club held their annual Kim Hammond Memorial Gymkhana.

Kim was a much loved member of our club who passed away suddenly.

The rain held off and a successful day was enjoyed by riders from many clubs with ages ranging from three to over 20 years old.

Riding classes, horse classes, jumping, dressage and fancy dress rounded off a very enjoyable day.



www.mfdays.com

Saturday 17 and Sunday 18 October 2015

Murrumbateman Field Days will be held on 17 and 18 October and is acknowledged as one of the region's premier events and the flagship annual event for the Yass Valley.

Tickets are available for online purchase

Join us on 17 and 18 October for a slice of country at Murrumbateman.



Two very successful raffles with lots of prizes donated by our very generous local traders and a yummy canteen made the day a great success.

A very special thank you to Nicky Anderson and Vanessa Williams along with our Hall Pony Club members.

Hall Pony Club holds rally days on the second Sunday of each month.

New members are always welcome – enquires to Nicky Anderson on 0412 566 898.



Out and about . . .

Catch up in the Park

For those who would like to have a relaxed couple of hours in the beautiful surrounds of the Village Park!

On the first Sunday of the month, at 4pm (excluding January) bring your afternoon refreshments, picnic rug or chair to the Well in the park at Gladstone Street and enjoy the company of neighbours and friends. It is very casual and relaxed – come for a few minutes or stay as long as you like. Everyone very welcome. First Catch up: 1 November 2015.

enquiries:



Rural Fringe Competition

Welcome in the 2015 summer at the first Hall Catch up in the Park on 1 November 2015.

Our Rural Fringe team has organised a **Welcome Summer in Hall Cocktail Competition**.

Create a winning martini or cocktail (Halltini) and a

fabulous prize might be yours!

There are two categories:

- I. The CATCH UP: an adult alcoholic Halltini
- 2. The WOTEVER: a non-alcoholic Halltini

Winning entries will be celebrated at the first Catch

Up in the Park on I November at the Well. There will be prizes, there will be catch up. Entries, in the form of recipes, to the *Rural Fringe* Sub-Editor Bob Richardson on **0407 071 245** or to **ruralfringe@hotmail.com** by 30 October latest to allow time for mixing, tasting and judging.





Past members of the Hall Pony Club are invited to a get together at the HPC Christmas Party on Sunday the 13th December 2015. Come for the whole day or just drop in for lunch at 12-12.30. Lunch is \$10 per head. We dont have contact details for many of our past members so please spread the word.

RSVP to: Mick DeBritt 0428 233 303

Bill Pearson 0419 489 606 or billypearson@gmail.com





by DOG TRAP DESIGN

garden design consultant & horticulturist



email: lisa@dogtrapdesign.com.au web: www.dogtrapdesign.com.au

0428 275 701

Soil for food, fibre and the environment day – a celebration of soils

Friday 16 October, 9am - 4pm

Sutton Village Hall, West Street, Sutton NSW

Register online at http://bit.ly/1PVcmll email actlandcare@act.gov.au or phone: 62053091

Cost: \$20.00 per person, payable on registration (lunch and refreshments provided)

Soils are too often the quiet achiever in agricultural and ecological systems; they are the cornerstone of food and fibre production, play an important role in mitigating climate change and hosting biodiversity. 2015 is the United Nations International Year of Soils and to celebrate this quiet achiever, the ACT Regional Landcare Facilitator program is bringing together local soil scientists and researchers, farmers and others with a keen interest in soil to explore current research and on-farm practices.

Geology of the ACT	Dr Leah I	Moore	Institute of Applied Ecology, Uni of Canberra	
Managing soil moisture and salinity on farm		John Ive		Farmer - Yass
MORNING TEA				
Soil structure: importance of space in soil	Di	Dr Brian Murphy		Soil science consultant
Soil chemistry: importance of numbers in soil	Di	Dr Warwick Dougherty		NSW Dept of Primary Industries
Soil carbon; key to resilient farming systems	Su	Susan Orgill		NSW Dept of Primary Industries
Visual soil assessment paddock days	Al	Alice McGrath		South East Local Land Services
LUNCH				
Alternative fertiliser trial	Fi	Fiona Leech		South East Local Land Services
Phosphorus cycling in pasture grazing syste and the importance of soil microbiology	ms Di	Dr Alan Richardson		CSIRO
Humus: the dark side of soil	Di	Dr Clive Kirkby		CSIRO
AFTERNOON TEA				
Changing landscapes starts with changing ourselve		David	Marsh	Farmer - Boorowa
Dung beetles	Jo	John Feehan		Dung beetle expert

Craig Strong and Helen King, Australian National University and Brian Jenkins, NSW Office of Environment and Heritage will run a lunch time session on soils pits. ANU soil science students will be on hand during the breaks to test samples participants bring from home for EC, carbon, pH and structure – so bring along a shovel of soil on the day and see what you learn!















Australian National University



The Hall Street Party

Friday 30 October 2015 from 4pm on Victoria Street

Line music by Johnny Huckle and West Texas Crude, woodchop exhibition, sand shovelling competition, face painting, stalls, delicious food, vintage cars and caravans and all your neighbours!

Sponsored by the ACT Government and Bendigo Bank 'Parties at the Shops 2015'. For more information email daughters.hall@gmail.com or talk to Jenny at the Shop.

to ensure a safe event Victoria Street will be closed between Gladstone and Loftus Streets from 2pm until midnight. Inquiries about the road closure to amy@devilmoon.com.au

Wallaroo Rural Fire Brigade

John Baird President

Readers travelling along Wallaroo Road recently will have noticed the amazing progress on the construction of the extensions to the Wallaroo Fire Shed. Many members and others have been putting in enormous amounts of work to finish the extension. So far, the new (expanded) training room is fully functional while the new toilets, kitchen and office are about to be painted. The Brigade has

Set the night on five... 2015 Fire Ball A fundraising even for the Wallaroo Rural Fire Brigad

Friday 23 October 2015 - 7:00pm

A three course dinner and wine, live music from West Texas Crude followed by an auction to raise money for the Wallaroo Rural Fire Brigade

Auction Items Include:

Power Tools
Outdoor Equipment
Sporting Goods
Pee Wee 50 Motorbike
7 x 4 box trailer
(with cage full of firewood)



Gift Vouchers Cinema Tickets Beauty Treatment 6 burner BBQ (stainless steel) Plus loads more!

Where: Poachers Pantry - 431 Nanima Road, Hall NSW 2618



Tickets \$85

with \$45 being donated to the Wallaroo Rural Fire Brigade

Bookings and Payments to be made to Poachers Pantry on 02 6230 2487

Dress: Smart Casual



Volunteers lay concrete in new wet areas.

raised well over \$80,000 toward a target of at least \$120,000. Members have been very active, not only in shed building, but at charity barbecues and other fund raising activities. Many local organisations and individuals have also generously donated. I would like to thank all those who have contributed their time and money so generously.

The shed extension is an important part of our strategy to better prepare for the increased fire danger that is anticipated with a fully formed El Nino on the way.



To raise more funds for the brigade we are holding another Fire Ball. Come and join us for a great evening on Friday 23 October at 7.00 pm. The Fire Ball will be held at Poachers Pantry. Admission includes a wonderful Poachers Pantry three course dinner with live music by West Texas Crude. Bar service will also be available. Following the dinner there will be an auction with entries including a 7'x4' box trailer full



Volunteers Dan Kipp and Chris Abideen at the Bunnings Sausage Sizzle.

of firewood, power tools, a Pee Wee 50 motorbike, gift vouchers, cinema tickets and many more items. All auction proceeds go to the Brigade. It is going to be a wonderful evening so don't miss out! Get some friends together and make up a table! As well as having a wonderful time you will be helping our volunteer fighters to better protect the community. Tickets are \$85 with \$45 being donated to the Brigade. Phone **6230 2487** for tickets.



Volunteers raise funds for the extension

President's page esident

Hall School site

On 20 August 2015 the Association held its AGM and convened a public meeting to provide an update on discussions with the ACT Government on the future of the Hall Primary School site and seek further input.



The AGM saw a mix of new and continuing members elected to the Committee. Details of the new Committee can be found at **www.hall.act.au/committee**. The draft AGM minutes, including my President's report for 2014-15, is also on the website.

The public meeting worked through a consultation paper (available in full at **www.hall.act.au/documents**.html). The consensus position, endorsed by the Association's AGM, was to further negotiations with ACT Government under the following terms.

In the first instance, the Association will seek to negotiate a license to occupy of the whole site (apart from the pre-school) on a cost neutral basis, balancing the Government's reasonable expectation of a contribution to costs with explicit recognition of the value to the community of the activities currently occurring on the site.

Specifically, there should be an accounting for the volunteer labour of the 40 Friends of the Museum in the preservation and further development of the Museum collection. Emeritus Professor Edwin Braggett concluded in a report to the National Library the collection together with the original school building, the school site and its strong connection to the cultural heritage of Hall Village are of National Significance. They met all the criteria laid down by the National Library consistent with the Council of Australian Museums' Significance 2.0 Guidelines.

Since that assessment the Museum has also been gifted the lifetime collection of Lyall Gillespie, arguably canberra's preeminent 'local historian' of 20th Century, comprising research papers, books and artefacts. The whole School Museum collection is now a major cultural asset for the ACT community and cannot be maintained for nothing.

Similarly, explicit value should be placed on the activities of the Men's Shed and its 30 members. Not only does the shed have an important role in men's health education, mental issues including depression, loneliness and other issues, it also contributes to the broader community. This includes building special workstations for autistic children, maintenance work for the equipment used by intellectually handicapped children, maintenance and construction of play equipment for the pre-school, repair and maintenance

on sports grandstands at the Hall Showground and sporting field and minor building works and furniture repairs for the Museum.

Further steps to make the arrangements cost neutral include:

- fees for one-off or regular use of facilities and rent from permanent occupancy of part or all of buildings, paid to the Association;
- discontinuing security patrols and rely on the back to base alarm and perhaps a CCTV system. There would be a initial establishment cost, but almost 40% of the recurring cost for the whole site could be eliminated (around \$20,000 of the total \$50,000 annual costs advised by the ACT Government). This would be low risk – no significant security incidents have occurred in the eight years since the School closed;
- grounds maintenance (ie. mowing and trimming) and other minor maintenance could be carried out by the community with equipment supplied by the Progress Association and/or Hall Rotary (subject to discussion and agreement); and
- the Progress Association and Hall Rotary could meet their share of the utilities costs from income generated on the site and other sources. For the Progress Association this is likely to draw on any surplus income from the operation of the Hall Pavilion.

In the medium term, the Hall Primary School Masterplan prepared by Eric Martin and Associates (January 2011) should be updated by the Government to reflect their own policies and stakeholder expectations. Activities such as the provision of an expanded Men's Shed, Rotary Storage and Respite Care, or semi-commercial artists premises could be a positive part of the Masterplan. The plan should include a landscape plan and budget for the whole site.

A fund raising strategy would be developed, including funding through ACT Government Budgets (2016–18), as well as from other sources. Implementation of the Masterplan would follow as funds become available via grants funds from Government and partnership with likeminded organisations such as Hall Rotary.

We've made initial contact with the ACT Property Group following the meeting and will now engage with them on the negotiation of a license agreement. I will keep the community updated in these pages.

Museum Musings 1 1 5 C Phillip

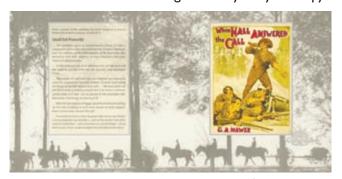
Honorary Curator



Anzac Exhibition Publication

The Museum's popular Anzac commemorative exhibition When Hall Answered the Call has been turned into a book.

Allen Mawer, the compiler of the stories for the exhibition has gathered the stories and photos from the exhibition and created an interesting publication. The book is available from the museum at \$10 per copy or it can be ordered by email **museum@hall.act.au** with an additional charge for postage and handling. There is a limited number available so get in early for your copy.



Cover of the Anzac publication

The Anzac Exhibition is still open, however some of the military artefacts have been returned to their owners. Many thanks to those who loaned the Museum these important items.

Gillespie Collection

Work on the Gillespie collection is continuing. Ken Heffernan, our resident archaeologist, has been diligently sorting and listing the extensive rock collection whilst other members of the team have been busily engaged in unpacking the many boxes, listing the items and re-packing the boxes ready for the large accessioning process.

Visitors

The number and diversity of groups visiting the museum continues to increase. There has been at least one group visit per week over the last couple of months and the trend is continuing. Visits from various Goodwin Homes, Probus Clubs, the CWA and local primary schools have kept the volunteer guides very busy.

A group of the museum volunteers have put together an informative and educational program that is relevent to the ACT Primary School history curriculum. The program is called *Then and Now* and allows the school children to experience what life was like in the early days. Their visit provides both a visual and a hands-on experience where selected items like old telephones, cameras and household items are handled by the children whilst the volunteers describe the history of the items. The program is proving popular and already

there have been visits of large groups of Year Two pupils from Giralang and Gold Creek Primary Schools.

The museum had a visit by Alistair Coe MLA who was interested to see how the museum was progressing. Alistair has been a longtime 'Friend' of the museum. 'Tim the Yowie Man' also has spent time wandering around the displays. Both of these visits is timely as we are progressively returning loaned articles to their owners.

'Peace Tree' Garden

Now that Spring has sprung the team will allocate time to establish the 'Peace Tree' commemorative garden. Varieties of shrubs will be planted and benches will be placed near the tree to provide a place for reflection. A new larger commemorative plaque will be installed.

School site proposal

The recent consultation paper developed by the VHDPA has been forwarded to the ACT Property Officer for comments and further discussion.

Don't forget to *Like* us on the Hall School Museum and Heritage Centre Facebook page!

website: museum.hall.act.au email: museum@hall.act.au



The Village People



continued from page 1

before settling on Canberra. After a brief stint in the city which allowed them to explore the city hinterland they found their pastoral idyll in Wallaroo just down the road from Hall Village. And so it was that with their two young children, Michael and Megan, they set about establishing themselves in their new community. Now at the risk of dismissing their earlier adventures during their time in Sydney – which included living in a haunted house in Woollahra (a story of mysterious happenings which needs the embellishment of a few wines and beers and nerves as taut as piano wires) – this is where their Wallaroo story begins. And to be more exact this is the story of the rebirth of historic Allwood.

When Judy and Rod bought the property Allwood they knew they had their work cut out for them as it had a bit of a chequered past which had allowed it to run down – not too surprising really given that the house dated back to the 1940's and had a number of transient dwellers. But with hard yakka, zest and determination they not only restored the dwelling to a home to be proud of but also added on additional rooms which captured the light and ambience of their surroundings and also captured that unique outback quality. The addition of an outdoor courtyard which nestled between the house and nearby utility structures completed the transition from house to home.

But this is where the story gets doubly interesting for the story of *Allwood* is really the story of two homes built in different centuries and with intergenerational links stemming from the 19th Century to the current time.

During their early years in restoring the main homestead Judy and Rod were keenly aware of the old dilapidated wooden structures which occupied an area of land adjacent to the main home.



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To some people they might have been viewed as an eyesore – something to be razed to the ground as soon as possible or at best used as a source of firewood. Thankfully Judy and Rod took a more historical perspective on the structures and set about on a mission of restoration of the buildings and research into the early days of settlement in the area. They were assisted on the project by teams of volunteers drawn not just from local residents but also travellers, both international and Australian, who through various websites and social media became aware of the exciting renaissance work that was taking place in the Wallaroo area.

The story of old *Allwood* is the story of a small number of pioneer families linked through marriage who helped to found the settlements of Wallaroo and Hall Village. At the source or top of the *Allwood* family tree are David and Agnes Rule who built old *Allwood* in the latter half of the 1800's. In these two small buildings David and Agnes raised a family of eight children – four boys and four girls. And does not the name Rule resonate with most of us who live in the wider Hall community?

What amazes me most when I look at the old *Allwood* buildings is not just the care and authenticity with which they have been restored but at the incredible insight it gives you into the way our ancestors lived. The timbered walls hewn with old fashioned tools from the trunks of trees grown on the property; hessian, cloth and newspaper used to cover the gaps between the timbers; sapling branches used for rafters. And if you feel like complaining about today's cost of electricity, gas, water and sewerage, get a reality check by looking at the washing and cooking facilities used by David and Agnes. Be thankful – be very thankful.

Allwood is an excursion back in time. It makes you realise what a privileged existence we now have with our modern amenities. Whether ours is a better way of living of course is a more subjective matter.

Thank you Judy and Rod and your band of unsung volunteers for your hard work and dedication and above all for your vision in preserving this wonderful artefact of our past. We are indebted to you.

Author's note: Historic Allwood, which is now heritage listed, may be visited by appointment by phoning **62302436** or email **allwood3@hotmail.com** They are also planning an open day for public inspection on Sunday 8 November, 2015 between 10am and 4pm. Follow the signs from the top of Wallaroo Road.

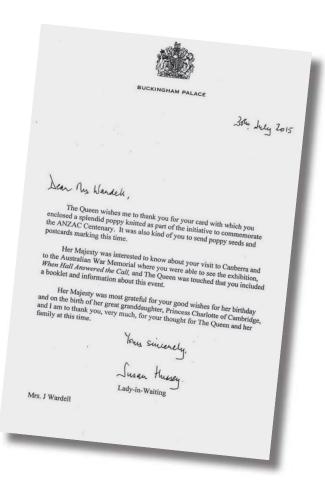
The Queen acknowledges Hall School Museum

by Phil Robson

Through the amazing crocheting work of one of our volunteers, Joan Christie, about 600 poppies were made for our Anzac exhibition and they proved a great fund raiser for the Museum.



We discovered these popular poppies had found their way to Gallipoli and Lone Pine. Now we discover from the attached letter that a poppy had been sent to Her Majesty the Queen. There is also mention of the Hall School Museum's very popular exhibition When Hall Answered the Call which was incorrectly attributed to the Australian War Memorial. I suppose it is easy to confuse the two!







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Hall Showground

The 'Showground' is an important part of the village - with a history that some may not be aware of. For 36 years (1927–1963) the 'Canberra' Show was held on the showgrounds at Hall. In 1927 the Advance Hall Pastoral and Agricultural Association was inaugurated, with the development of Show activities as its sole purpose. At the 1931 Show, Prime Minister Jim Scullin officially opened the 'piped arena' – now the venue for Pony Club events and the National Sheep Dog Trials. The Show of 1932 was opened by the Prime Minister, Joseph Lyons, with the promise of an infusion of greater Federal Government funds to help elevate the Show to one of national importance. In the following year the *Canberra Times* reported in the following article on a 'grand plan' for the Show.



Canberra Times, Thursday 28 September 1933

DARRALEE QUARRY Darralee Quarry has recently been re-opened. It was one of the RTA's main sources of road base for many years. Supply and/or delivery of Road Base to suit gravel roads Contact Paul on (02) 4845 8288 or paulwyer@fertspread.com

10

THE MAKING OF A SHOWGROUND

F.C.T. SHOW ADOPTS PLANNED SCHEME OF DEVELOPMENT

RAPID PROGRESS IN A FEW YEARS

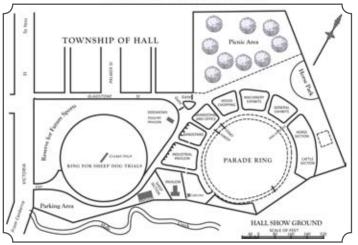
In response to a request from the F.C.T. P. and A. Association [Federal Capital Territory Pastoralists and Agriculturists Association - ed] the Government has laid out a plan for the showground at Hall, and the committee of the show has adopted a plan covering five years for the development of a model showground. To date, rapid progress has been made, and with continued support of exhibitors and the public, the Federal Capital Territory will enjoy, within a few years, a completely equipped ground such as has taken many centres several decades to realise.

During the past few years the members and committee and officers of the F.C T. P. and A. Association have been impressed with the idea that in the near future a very fine show can be built up at Hall. Each year the quality and quantity of exhibits have confirmed their impressions. Only those who saw the Hall Showground some few years ago can have any idea of the large amount of work that has been done in order to carry on the show successfully.

A new ground has been formed in the last few years. One of the first essentials was to clear all surplus timber, necessitating a great deal of hard labour. The hall, which originally stood at Ginninderra, was then erected on



PLAN OF THE HALL SHOWGROUND



the ground as the pavilion. A large building has been erected for the sheep, fitted out with a great number of pens, capable of holding from 200 to 250 exhibits. The enlargement of this building, which consisted of lengthening the main portion and putting a skillion right along one side, is a portion of the work recently carried out by voluntary workers at Hall. A fence has been erected round the ring which has been levelled and made ideal for the increased programme.

Cattle pens have been erected recently and are up to date and would do credit to any showground. They are of a permanent nature and will do service for the show for many years to come. A building to hold the poultry exhibits has been erected, but further alterations had to be made this year in order to cope with the increased number of poultry exhibits. Rodeo yards have boen erected conveniently situated near the ring. Much credit must be given to Dr. T. Watson, of Gungahleen, for his personal supervision and for finding labour to carry out this work.

Another large building has been erected for luncheon accommodation. Provision has also been made for pig exhibits in the form of pens with a covering overhead. This work has been carried out mainly by voluntary labour by the committee and near-by residents, the

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Hall Village

trustees and show committee also providing money to employ labour to assist in the big undertaking. Much of the work done on the showground this year has been made possible by the assistance of the Government. Timber and iron were supplied by the Government for cattle pens and for the extension of the sheep section.

The show has reached the position in which it finds itself today, step by step, carefully planned hard work, the united loyalty of the committee, the generosity of the Federal Government and the patronage of the public. The next step in improvement to meet the growing demand that is placed upon the Association, is the necessity in the forthcoming year to have a new exhibition hall erected and a number of loose boxes and horse stalls to meet the requirements of competing horses drawn from distant parts. The P and A Association committee looks forward to the future hopefully. Given the same tremendous consideration by the Federal Government, the same united loyal enthusiasm of the committee, the same liberal patronage of the public, the show will grow to be one worthy of the great Federal Capital city of which it forms a part.

Contributed by Alastair Crombie, Hall School Museum and Heritage Centre. The Centre has further information about the Show.



A year in reflection

Report from Hall Volunteer Rural Fire Brigade

Melissa Riches President

As the 2015-16 Fire Season approaches, it is an opportune time to reflect on the past year within the Hall Brigade. Once again I have been proud to be President of such a dynamic brigade and to provide its administrative leadership. I am lucky to be supported in this role



by a large and dedicated Committee that boasts the largest percentage of woman in any rural fire brigade in Canberra and a Brigade itself whose percentage of age to experience is second to none in the ACT.

This year Hall Brigade has continued to take its role in protecting and supporting the community very seriously. As well as our operational callouts we continued to have an active voice in the strategic reform of the very agency that provides governance to us, the ACT Emergency Services Agency. We also provided a submission to the ACT Legislative Assembly's Standing Committee on Bushfire Readiness, the only Brigade to do so, and also appeared before that Committee at their Hearing in February, making Assembly history as the only ever volunteer rural fire brigade to do so.

Coupled with this voice, that focusses on readiness, we have also begun mapping the skills and training of our members in order to more effectively and efficiently grow our skill set. Our members continue to share their skills and knowledge with the local community, providing a bushfire preparedness briefing to seniors in January, and on the evening of Tuesday 3 November this year we will again be working with our colleagues in Hall Village's Community Fire Unit to provide a village wide briefing on bushfire readiness at the Hall Brigade Shed and I would encourage all residents to take the time to attend.

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Finally as I approach the celebration of my 50th year and the Brigade celebrates 61 years (including a period of inactivity) I am able to indulge in life's reflections. I am reminded of the words of US President. Abraham Lincoln when

he said, 'It is not the years in your life that count. It is the life in your years'.

As President of Hall Volunteer Rural Fire Brigade I am privileged to lead a Brigade that continues to employ the wisdom of its years to lead the community in public safety in its operations and in its ongoing engagement with the community. Our doors are always open should you have enquiries in regard to bushfire planning, fire warnings or preparing your home and family for a bushfire event.

Please feel free to contact us through our email at hallfirebrigade@gmail.com or through our website at www.hallruralfirebrigade.com.au



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Gold Creek Preschool

Hall Campus

Cindy Condon classroom Teacher

What a busy term we have had. Through our *Sharing the Planet* unit of inquiry, we have been inquiring into the roles that animals play in our lives as well as people's responsibility for their well-being.

We had a visiting guest speaker, Dr Kate from Hall Veterinary Surgery. She spoke to us about why people bring animals to the vet and what a vet does to help us to look after our animals. We also visited the National Zoo and Aquarium, which was a lot of fun. Term 3 has also involved sharing and discussing our understanding of the animals in our own lives and the role that they play. We have even had some new class pets (yabbies) to care for!



Dr Kate from Hall Veterinary Surgery, talking to the preschool students about being a vet

We are all looking forward to a wonderful term of learning and playing together, after relaxing holiday.



by Mr W Mansfield



I grip my shoes on the sandy green and clinch my hand into the racket.

I throw the ball and silence falls among the crowd.

I stare at the opponent, his eyes drowned in fear yet hope.

I feel the wind sawing across my face as my arm comes through, a might blow, and the ball flies over the net.

I feel the pressure flowing through my veins, telling me to play well, or I'd have played for nothing.

I prepare myself as he has returned a fine shot.

I race towards the ball, my legs corrupted with energy and my arms with power.

I return it swiftly but not enough to make up for his ferocious swings.

It was going to be a long match.

This is part of being human, to strive for greatness and skill, in pastimes we love.



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Hopefully by now you have your fruit trees and roses pruned, sprayed and freshly mulched for another productive season ahead. Although there is plenty of room for movement with pruning of roses and fruit trees, it does feel good to have them done by now, in fact fruit trees may be pruned after flowering which enables more fruit set, with more flowers, therefore more pollination.

If you believe the media hype, we are in for a very hot dry summer. El Nino is coming at us with a force of vengeance, which will leave us wishing it was winter again. We have had a massive winter, both in cold temperatures and rainfall, so lets prepare as best as we can for the coming months.

Although I have said this many times in my articles, *mulch* is the one thing that is going to alter the water needs of your garden, and the more often you add it, the better your garden is able to cope with the onslaught of the hot, dry, windy summer. Now is the best time to mulch.

There has been quite a bit in the media regarding the types of mulches best suited to our gardens and although research is sketchy it's worth considering.

It has been suggested that wood based mulches such as pine chip, eucalyptus chip and forest litter are not appropriate for our gardens. The reasoning behind this is that wood requires nitrogen to break down, nitrogen which is extracted from the soil. If this is the case, wood chips are doing exactly the opposite of what we want.

The other interesting point to note is the waxes/oils that apparently build up around the wood chip prevent water entering the soil and actually create run off.

Yates has also done mulch tests and their research indicates that large, chunky type mulch of the hardwood type is the best for preventing weeds and longer lasting. This is based on the fact that the soil already has well composted organic matter through it.

Successful gardening requires soil containing plenty of organic matter. To maintain soil quality and structure, add compost and mulch to increase nutrient levels.

To help the soil retain moisture, keep an even temperature and suppress weed growth, add a thick, not more than 50mm, layer of organic mulch such as lucerne hay, pea straw or Canberra Organic mulch.

The idea of organic mulch is that it should eventually decompose, enriching the soil. It needs to be replaced a least once a year, and the optimum time for this is spring, after fertilising. Remember to keep mulches away from the stem of plants to prevent collar rot.

Soils in some gardens and lawns become hydrophobic. This is where little or no water penetrates the soil surface. Wetting agents are proving to be useful in reducing this problem, and although it is best incorporated into the soil, it works well sprinkled on top. Lawns for those of you brave enough to be still trying to grow grass, should be aerated to reduce compaction from foot traffic and then fertilised.

My favourite fertiliser at the moment is Organic Advance Plus +; it contains everything a happy garden could want, poultry manure, blood and bone, natural gypsum, seaweed extract, fish meal, rock minerals, sulphate of potash, rock phosphate, zeolite and worm castings. All an amazing cocktail to help with plant and soil health.

Also consider planting more trees in your garden, as trees provide more shade and therefore less evaporation

to the rest of the garden. There is a large range of small trees available for all garden spaces. Less gravel and concrete areas and more green spaces will keep your garden cooler. Yes this may mean more areas to water but ultimately it's better for your health.





Two interesting talks at the men's shed

by Kevin Stone

We have had a couple of very engaging speakers at the shed over the past few weeks.

The first talk and video presentation, called *Computing* for *Seniors*, was given by local Hall resident and shed member, Rod Roberts. He mainly drew attention to the need for internet security, and in spite of a rather cold and wet day, the joint turnout of men shed and museum members were given very important practices to follow.

A number of the things Rod talked about were common sense, but like a lot of things in our lives, they are occasionally so easily overlooked.

To note some of Rod's main points:

- Use passwords that are strong and can't be easily guessed. Date of birth, first or last name are bad examples, so a good mix of letters, symbols and numbers work much better.
- Beware of email scams. In other words, if it looks suspicious, it probably is! So if in doubt, do not open any suspect emails and immediately delete them.
- Minimise storage of sensitive information and make backup copies of files or data you're not willing to lose.
- Be careful what you download, because unsolicited programs or applications can contain viruses that give other people access to your devices and identity without your knowledge.
- It's a good idea to protect your computer with antivirus. There are free versions available but probably a good commercial security suite is better. It's also a good idea to shut down or restart your computer at least weekly, or whenever your program tells you to so the latest anti-virus updates are properly installed.

To top off this thought-provoking talk, which generated a number of questions Rod was able to answer, we all enjoyed our monthly barbeque. Our thanks to Rod for the information and his time, and Alan, our shed head chef, who always does such a great job at the hot plate.

Integrated Living (Staying strong with Telehealth)

The second talk was about a relatively new service made possible through funding provided by the Australian Government under the Commonwealth Home and Community Care Program (HACC).



1300 782 896

This service is mainly aimed at people over 65 years of age or identify as an Aboriginal and/or Torres Strait Islander person, 50 years or older, who have a history of falls, or a chronic disease such as chronic obstructive pulmonary disease, atrial fibrillation, diabetes, obesity and hypertension, etc.

The aim of the service is to offer remote monitoring of a person's vital health signs and symptoms in their own home through the effective use of technology, saving that person from possibly entering an aged care home or hospital.

Basically, if you qualify for the service, you are provided with equipment to evaluate a range of symptoms of chronic disease, including weight variations; blood pressure; blood sugar readings; lung capacity and more.

The results are monitored by a specialist registered nurse, and should there be any irregularity, they can act on it in conjunction with your own doctors.

More information about this service is available by phoning Integrated Living on **1300 782 896**.

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Heartburn and reflux – too much or too little acid?

Most people have experienced a bit of reflux or heartburn. It's usually a one-off event, but when it recurs frequently it's a sign that something isn't right. Usually too much stomach acid is blamed and antacids or medications (PPIs like Nexium or H2 blockers) are used to lower acid levels. Acid lowering medications are one of the most prescribed medications, with over 19 million prescriptions/year in Australia. Hiatus hernia is another common cause. Frequent reflux needs to be investigated as it can lead to cancer of the oesophagus.

However, too little stomach acid has very similar symptoms to excess acid. Stomach acid production can reduce by half by the age of 50 and continue declining, affecting over 30 per cent of people. The symptoms of too little acid include: bloating, belching, burning sensations and/or flatulence soon after meals, excessive fullness after eating, indigestion, diarrhoea or constipation, and undigested food in the stools.

If there's too little acid, food can stay in the stomach too long. The acid-sensitive sphincter between the stomach and small intestines isn't stimulated enough to relax to let food flow onwards, resulting in a build up of pressure in the stomach. This pressure may weaken the top stomach-oesophagus sphincter and allow the stomach contents to leak upwards, causing heartburn.



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If you have too little acid and take an acid lowering medication, obviously you will have even less acid. We do actually need to have acid in our stomachs! It breaks down food, particularly proteins, to make them a small enough size to be absorbed, otherwise the nutrients just end up in the toilet! Good stomach acid levels improve mineral absorption (especially iron) and stimulate bile release and secretion of digestive enzymes from the pancreas, to breakdown fats, carbohydrates and proteins. It's easy to see how long-term use of acid lowering medications can cause nutrient deficiencies. Many health conditions are related to low acid production, including increased bone fractures.

Another important stomach secretion is intrinsic factor, which we need to absorb vitamin B12. Acid reducing medications also reduce the production of intrinsic factor. A deficiency of vitamin B12 can cause low mood/depression, poor memory/concentration, irritability, low energy, anaemia and in severe cases nerve damage.

Stomach acid is an important defence mechanism as it kills most germs, moulds and parasites that enter the stomach with our food/drink. So low acid can also lead to increased infections, even pneumonia.

You can test your acid levels by taking a teaspoon of lemon juice with a little water when you have reflux symptoms. If your symptoms improve or don't get worse then low stomach acid is likely. Have some antacid ready in case you need it!

To stimulate your digestion and increase acid, try sipping diluted lemon juice or apple cider vinegar before/during meals (no other fluids during meals please). Reducing stress will improve acid production as well. Eating when relaxed and calm really helps your digestion. Google 'GORD lifestyle advice' for some tips. Naturopaths provide herbs and supplements that improve digestion, thereby reducing reflux, without the side effects of lowered acid levels — worth trying before starting on medications, and also if contemplating stopping medications. If you want to stop taking these medications, talk with your doctor first. Stopping them abruptly can cause a rebound increase in reflux.

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Another Local Hero

Last year we were proud to report our then II year old grandson James raised \$1000 for the drought stricken farmers to feed their starving livestock by helping in the *Buy a Bale* scheme. As a result James

was nominated as an entrant in his school's (Radford College) 'Fred Hollows' award scheme. He was the winner of the award. As a result James was one of four students in the ACT elected to meet Gabby Hollows. This was a very special day for James.

Fred Hollows believed there are many ways children can become outstanding citizens – helping their peers, being good role models and fund raising for people less fortunate than themselves.



As the drought continued so did James' determination to continue fund raising for this wonderful cause. James picked a load of pumpkins grown by his grandfather John, made a sign and sold them at Federation Square with his friend Ethan. Ethan, inspired by James' efforts, decided to raise money for his chosen charity, the *Snowy Mountain Rescue Helicopter* scheme.

A stall with a bucket and sign was set up at Federation Square, friends and relatives were approached for donations and a cup cake day was held at Radford College. People were generous, seeing two little boys with big smiles thinking of others.



by Lyn and John Anderson



All pumpkins and cup cakes were sold with James raising \$1760 for Buy a Bale. The Buy a Bale team was very impressed with James' effort and featured him on the Buy a Bale facebook page. James received over 3500 likes and beautiful comments from complete strangers. A lady from the National Australia Bank in Queensland donated \$240 to enable James to reach a total of \$2000 – enough money to feed an average herd of cattle for three months.

The first soup sold at Daughters at Hall shop was made from one of James pumpkin ... yum yum.

A good news story – a wonderful outcome and a very special young man. Well done also to Ethan.

Many lessons are learnt in life. None more important than compassion, empathy and caring. Often this journey is as important as the destination.

Well done James!



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President's report to the 2015 AGM

by **David Hazlehurst**

It's been another busy 12 months for the Progress Association which continues to advance the interests of the residents of Hall Village and the district and to provide an umbrella for a rich range of community activities and groups.

Future of the Hall Primary School site

As detailed in the Consultation Paper considered at the public meeting held in conjunction with this AGM, the school site remained a focus for the committee. We sought to implement the plan presented to the community and then to last year's AGM for negotiation of tenure on the site. Progress has been slow.

The transfer of responsibility for the site from the Community Services Directorate to the ACT Property Group in the Economic Development Directorate, and the subsequent review of the portfolio conducted by the ACT Property Group, resulted in us waiting until May to get further guidance from the Chief Minister on the Government's position.

Subject to the outcomes of further community consultation, the views of the Association's members and the deliberations of the new Committee, the Association will seek to negotiate an agreement for community occupancy and control of the site on a cost neutral basis. See page 6 for more details. We also continue to work with the Rotary Club of Hall on a potential partnership. A big thanks to the joint working group of Tony Morris, Jo Hall, Rod Barnes, Bob Richardson and John Kenworthy and Ralph Southwell from Hall Rotary, for their work on this. See Consultation Paper for further details.

Groups operating 'under the umbrella' of the Association

As noted in my report last year, one of the special things about Hall and the District is the way people participate in community life. The Friends of the Museum, the Rural Fringe, the website (hall.act. au), the Men's Shed and the Collector's Club, all operating under the auspices of the Association, are expressions of that participation. They are the 'life' of the Progress Association and the commitment and enthusiasm of community members has seen them all go from strength to strength over the past 12 months. The details of their achievements are outlined in their separate reports. A special mention for Phil Robson for another outstanding year leading the charge on the School Museum and Heritage Centre.

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School bus interchange

Progress was made on improving safety of the school bus interchange operating in the mornings and afternoons on Victoria and Gladstone Streets. The interchange provides significant benefits to Hall. It benefits Hall residents who would otherwise be left without a school bus service for their children. It also benefits Hall businesses. However, growth of the population serviced by the interchange (between Hall and Yass and surrounds) means the volume of buses and children had made the Gladstone Street site unsafe.



These issues have been considered by the Association from time to time over at least the past 10 years. Many options have been considered



and approaches made to the ACT Government. Following consultation with the community and with the Association, ACT Roads has commenced work on some immediate improvements - simplification of signage, reduced speed limits and a traffic island for pedestrians. However, the Association also conveyed to ACT Roads that given the expected further growth in buses and children using the interchange, these improvements were only a short term fix and planning and consultation should begin on a long term solution. A big thanks to Peter Howard, Barry Huckstepp, Dean Crowe and the residents of Gladstone Street for their work on this important issue.

Other activities and support



Some examples ...

- A partnership between the Hall Collectors Club and Hall Rotary to become the custodians of the 'innocuous 25 pounder gun' now installed in the Hall Memorial Grove.
- · Repair of seating at the Hall Showground by the Men's Shed in time for the 2015 Sheepdog Trial (\$2647 for materials secured from Sport & Rec.).
- Allocation of \$3500 (approximately half) of the 2014 Hall Ball net proceeds to the Hall Rural Fire Brigade, and a further contribution of \$2500 towards the Brigade's fire engine restoration project.
- A \$2500 contribution to the Wallaroo fire brigade upgrading of training room floor coverings, a new kitchen and disabled shower/toilet.
- \$1500 for new computers/mobile devices for the Computer's for Seniors program operating out the Headmaster's Cottage.

Administration

The Committee held eight formal meetings, several informal gatherings and many email exchanges over the year. Thanks to all members of the Committee for their energy, thoughtfulness and humour. A special thank you to Bob Richardson for his tireless work as Secretary - from meeting organisation and record keeping, to consultation within the community, to

mobilisation of volunteers, and engagement of stakeholders within the government and across other community groups. And to Vice President, Tony Morris, who not only continued his extraordinary contributions across the community, but was a great source of corporate memory, wisdom and support to me as President.

The finances of the Association remain sound. A big thanks to Rod Barnes as Treasurer. Rod has transitioned our accounts over to the Xero software package which will automate much of the flows of funds and reconciliations between the accounts of the Association itself and the various groups under the Progress 'umbrella'.

The Hall Pavilion remains the major source of revenue. Thanks to Tony Morris and Rod Barnes for undertaking an overhaul of hiring processes, the fee structure, involving modest increases, and the replacement of most of the furniture. And a big thanks to Tony and Margaret Morris, Rod and Phil Robson for ongoing management of everything to do with the Pavilion, from bookings to cleaning. Weekends at the Pavilion are almost booked out till Christmas. Work will need to continue to further streamline and put on a sustainable footing the administration of the Pavilion, as well as to secure a long term license for control and management of the Pavilion from the Government.

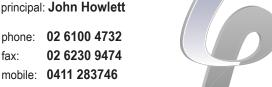


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john@lpcanberra.com.au email: postal address: PO Box 282, GUNGAHLIN, ACT 2912 street address: 3/10 Victoria Street, HALL, ACT 2618

The purpose of the new community-based website Canberra Nature Map is for the general public to record by means of photographs any plants or fungi growing wild in the Canberra region for later identification. You can download the smart phone app and upload your photos or, if you prefer to use a GPS-enabled camera, you can upload the photos at the website, http:/canberranaturemap.org. Photos of flowers and/or fruit and leaves make it easier for moderators to identify the plants.

The Canberra Nature Map iPhone App allows you to quickly and painlessly upload your own sightings and conveniently browse species records when you're out and about exploring even without an internet connection or any mobile reception!



The site is organised by reserves, plants and fungi. Hall Cemetery is one of the registered reserves and by selecting this reserve you can see the plants and fungi that people have photographed there. One of the plants I uploaded is *Ranunculus lappaceus*, the Common Buttercup.

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Sarcoids, a nasty skin tumour in horses

by Shaunna McTernan Veterinary Student and Dr. Natasha Hovanessian

Sarcoids are the most common skin tumour found in horses with approximately 10% of horses having them and sarcoids constitute 20% of all tumours that occur in horses worldwide. Not only do sarcoids occur in horses, donkeys, mules and zebras, but are also reported in giraffes and antelopes.

There are many factors linked to the occurrence of sarcoids, including the bovine papillomavirus (wart virus of cows) and a genetic predisposition with some breeds. The tumour is sometimes spread by flies landing on sarcoids and then onto an open wound on the same or another nearby horse. Sarcoids can remain consistent, not changing size for many years, or be locally very aggressive and quite suddenly become large. They do not tend to spread around the body.

Sarcoids can occur in a variety of forms, as single or multiple lesions. Currently, there are six recognised types:

Fibroblastic sarcoid on ear.

Diagnosis is usually made based on the clinical appearance of the sarcoid. A definitive diagnosis can be made by biopsy, that is, taking a sample. Sometimes this aggravates the sarcoids and triggers excessive growth.

It is vital to consult your veterinarian before trying

to treat a sarcoid, otherwise is can be aggravated. Currently, there is no single effective treatment for all types of sarcoids. Ideally all tumours should be treated early on when they are small. Therapeutic options include surgical removal, cryotherapy (freezing with liquid nitrogen), chemotherapy drugs injected into the tumour and many topical treatments. We often joke that when there are many options for treating something, many of them don't work, so it's important to come up with a therapeutic plan with your veterinarian.

I. Occult: flat, grey, hairless, often circular and persistent.



Occult sarcoid on lower belly near flank.

- 2. Verrucose: grey, scabby, or wart-like appearance that contains small lumps, possible surface ulceration and covering an irregular area.
- **3.** Nodular: multiple, discrete, solid lumps of variable sizes.
- **4.** Fibroblastic: fleshy mass with a thin stalk or wide, flat base. Bleed easily.
- **5.** Mixed: mixture of two or more types.
- **6.** Malevolent: rare, aggressive tumour, spreads extensively through the skin.

Sarcoids tend to develop at sites of previous injury and scarring, but can occur anywhere on the body, most commonly on the head, sheath, chest and abdomen.



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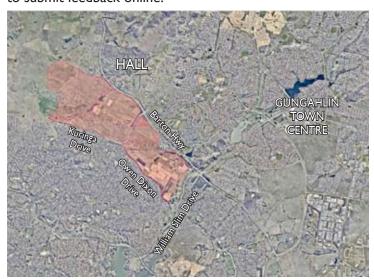
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CSIRO's Ginninderra Field Station Site

You may have heard that CSIRO IS looking to change the use of their 701 hectares of land in the areas bounded by the Barton Highway to the north, William Slim Drive to the east, Owen Dixon and Kuringa Drives to the south and the ACT/NSW border to the west. In the first instance they have requested the National Capital Authority to reclassify the site as 'Urban Area' in the National Capital Plan Draft Amendment. If the land use is amended to 'Urban', then residential use may be one of the options, but it also allows for commercial, community services, recreation and conservation areas.

Consultation is now, but if you missed the September drop-in sessions you can visit www.csiro.au/en/Locations/ACT/Ginninderra-announcement to submit feedback online.



The Rural Fringe - ISSN: 1329-3893

The Rural Fringe is a community newspaper published in 600 copies every second month by the Village of Hall and District Progress Association Inc (VHDPA) and distributed free to mailboxes of the 2618 postcode. It is also available online at www.hall.act.au This publication is funded by the advertisements so readers are encouraged to support the businesses advertised.

Contributions

Everyone is welcome and encouraged to contribute to this publication, particularly local community groups, however it is at the discretion of the Editor as to whether submitted articles are published or not.

These deadlines ensure publication by the 10th of every second month.

February issue deadline is 10 January

February issue deadline is 10 January
April issue deadline is 10 March
June issue deadline is 10 May
August issue deadline is 10 July
October issue deadline is 10 September
December issue deadline is 10 November

It is the policy of the YHDPA that articles which are dominantly about the profit making activity of any group or individual can only be accepted for publication if the same issue carrying the article has a paying advertisement of similar size.

Contributions to ruralfringe@hotmail.com or PO Box 43 Hall ACT 2618.

Advertising rates (per issue)

large (quarter page) \$80 medium (eighth page) \$40 small (three sixteenth page) \$30

Other information

Editor: Jo Hall

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Sub-editor: Bob Richardson

Enquiries to the Sub-editor on 0407 071 245 or ruralfringe@hotmail.com

The views expressed in this journal do not necessarily reflect those of the Editor, the Sub-editor or the VHDPA.

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From the editor

'Nothing is so beautiful as Spring, when weeds in wheels shoot long and lovely and lush' I remember from poetry lessons at school, and to have so much sunshine and the Spring flowers just starting to come through on the Hall walk is just glorious.



I hope many of you are able to come along to the various events coming up, like the Fire Ball at Poachers on 23 October, our very own Street Party on 30 October and the first of the Hall Catch Ups at the Well on I November (don't forget your cocktail recipe to Bob). We have a new Committee for the Village of Hall and District Progress Association with a big agenda particularly around the Hall School site, so please help support them in bringing some security over the future use of that site. And CSIRO look like they are becoming land managers for their site on the other side of the Barton Highway, so worth having your say about that too. Enjoy the sun.

Until next time,

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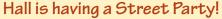
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We will have a really yummy menu on the night of the Street party so come and see us.

The reason for our Party is to show off our local produce and craft with a mixture of demonstrations and competitions. Hopefully with your help the success of this night will prompt a regular event.

Please note that the following is the responsibility of all exhibitors:

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- Appropriate licences (if required)
- Power
- Shelter and infrastructure

Victoria St Hall will be closed from Gladstone to Loftus from 2pm to allow for the event set up. Setup locations and parking directions will be issued before the event.

In this instance all exhibitors will be free of charge.

We would appreciate your help in promoting the party, by sharing the Facebook event with your networks:

www.facebook.com/events/418214508361857/

Please contact Jenny from Daughters at Hall: 0468 997 601

Jenny and Jess would like to introduce Kim.

Kim works with the Daughters at Hall, making amazing Gluten Free cakes. If you haven't met Kim come down and say 'hello'.

Daughters at Hall are now stocking Mosaic Bread beautiful sourdough bread baked fresh daily.

Been a long time since you have had a great pie? Binalong Pies, made fresh from real beef, everyone agrees they are yummy Pies and Sausage rolls.

Remember we bake Cakes fresh, make to order. Catering available

Big Thank you to Anne O'Connor, Shaun O'Connor and Jeremy from Territory Energy for planting the community herb garden, this will brighten up the street, it's full of beautiful herbs for spring.



