THE HALL AND DISTRICT MEN'S SHED

What is a Men's Shed

The modern Men's Shed is an updated version of the shed in the backyard that has long been part of Australian Culture. The shed in the backyard is traditionally a "man's place where men would retreat from the hectic pace of life to make or repair things and to enjoy the company of other men". Due to changing property and social trends, the backyard shed is disappearing. These circumstances, combined with retirement and loss of social networks, can cause adverse social and emotional health issues.

The modern Men's Shed is an updated version of the traditional backyard shed. Men's sheds are now springing up all round Australia where men gather to forge new relationships, discuss topics of common interest, learn new skills and work in a convivial atmosphere. The result is a group of men supporting each other and making a useful contribution to their community.

The Australian Men's Shed Association

The Australian Man's Shed Association (AMSA) is an administrative body that supports, connects and promotes Men's Sheds around Australia. Established in 2007 to act as both a representative and a resource centre for the increasing number of Men's Sheds around Australia. There are now approximately 800 Men's Sheds around Australia.

AMSA defines the modern Men's Shed as a community based, non-profit, non-commercial organization whose primary activity is the provision of a safe and friendly environment where men are able to work on meaningful projects at their own pace in their own time in the company of other men. A major objective is to advance the well-being and health of the Male members.



Hall Cottage Palmer Street Hall ACT 2618 AMSA 100680

The Hall Men's Shed is an affiliate of the Village of Hall and District Progress Association (VHDPA). It is a fairly new Shed, having just been formally established in August 2011 and joined the AMSA in late 2011.

Members participate in a range of activities from just enjoying a cuppa and discussions with other men to physical projects of a community nature. Examples of our projects to date include construction of a new gate for the local showground; repair of display cases and restoration of furniture for the school museum; restoration of garden furniture and making of toys such as rocking horses and wooden puzzles for the local Pre-School

Woodwork is currently the central theme of the shed's activities, but in the future we would like to expand with a community garden and branch into some metalwork. Plans are in place to have presentation by guest speakers and visits to local places of interest.

The shed is open on Thursday Mornings from 10:00 to 12:30.

The formal contact for the Hall Men's Shed is Alan Boyd as the elected Foreman. He can be contacted on 0419 602 314 or by email: *ar.boyd@bigpond.com*



Preparing Timber for the Showground gate



Assembling the gate



Erecting the gate



Landscaping around the shed



Renovating the Showground hut









